

LUNCH MENU

CHOWDER & SALADS

New England Style Clam Chowder

Clams, aromatic vegetables, bacon, potatoes and cream.
9/14

Beet Salad

Baby spinach, roasted beets, dried cherries, goat cheese
& sweet walnuts
Finished with balsamic vinaigrette & glaze 16

Crab Cake Salad

Butter lettuce, tomato & avocado, crispy tortilla strips.
Creamy champagne dressing 22

Wedge Salad

Iceberg gem, bacon, tomato, red onion & blue cheese
crumbles 16

Caesar Salad

Romaine, shaved parmesan, house croutons & house
Caesar dressing 15

Shrimp Louie

Spring mix, bay shrimp, bacon, chopped egg & cherry
tomatoes
1000 Island dressing on the side 22

Add a Protein to Any Salad:

Grilled or Blackened Chicken 12 | Salmon 16 | 6 Prawns 21



FEATURED DISHES



Crab Melt

*Dungeness crab, artichoke hearts,
onion & mayo. Tomato & jack
cheese on grilled sourdough
Choice of green salad or fries 29*

Local Petrale Sole

*Egg-battered or grilled
Lemon cream or butter wine sauce
Choice of sides 29*

Seafood Gumbo

*Prawns, mussels, bay scallops,
salmon & andouille sausage.
Spicy red seafood broth, crab
garnish & rice pilaf 39*

LUNCH ENTRÉES

Tomato Garlic Prawn Pasta

Linguine, garlic, basil & tomato sauce parmesan cheese
& grilled bread 29

Grilled Atlantic Salmon

6 oz filet with lemon-caper cream or white wine sauce
Choice of sides 29

Grilled Polenta

Marinara, sautéed mushrooms, peppers, onions &
greens. Finished with shaved parmesan 22
Add grilled or blackened chicken 12

Mahi Mahi Fish Tacos

Two corn tortillas, blackened mahi mahi
Cabbage slaw & mango salsa
Served with green salad 24

Yellowfin Tuna Sandwich

Seared tuna, coleslaw, chipotle aioli, tomato
& avocado on brioche
Choice of salad or fries 24

Salmon BLT

Grilled salmon, avocado, bacon, lettuce & tomato
Chipotle mayo on grilled bread
Choice of green salad or fries 24

Jack Burger

8 oz beef patty, bacon & jack cheese on brioche
Lettuce, tomato, pickle & red onion on the side.
Choice of fries or green salad 24

Crabby BLT

Crispy soft shell crab, bacon, lettuce, tomato &
avocado on brioche. Chipotle mayo on the side. 24

Chicken Club

Grilled chicken, jack cheese, avocado, bacon, lettuce &
tomato. Chipotle mayo on grilled bread
Choice of green salad or fries 22

Roasted Eggplant Melt

Grilled eggplant, goat cheese, pickled red onion,
spinach & garlic aioli on grilled sourdough.
Choice of fries or green salad 22

Fish & Chips

Northern California rock cod, beer batter, fries,
coleslaw & tartar 22

Prawns & Chips

6 beer-battered prawns, fries, coleslaw & tartar 27